

2023 WARTBURG COLLEGE TRACK & FIELD CLINICS



Join Coach Marcus Newsom and the Wartburg coaching staff for the 2023 Wartburg College Track & Field Winter High School Clinics. This is a great opportunity to get a jump on your 2023 season. Sessions are hands-on, allowing you to experience the instruction that has led to nine NCAA team championships at Wartburg College. Whether you are a beginner or an experienced athlete, you will get better at our clinics!

Throws and Hurdle

Sunday, Jan. 8, 8 a.m. to 1 p.m.

Registration cutoff: Jan. 5

Advanced Hurdle

Sunday, Feb. 12, 1 to 5 p.m.

Registration cutoff: Feb. 9

Sprints, Jumps & Throws

Sunday, Feb. 19, 1 to 5 p.m.

Registration cutoff: Feb. 16

LOCATION: Wartburg College in Waverly, Iowa; all clinics will be on the indoor track, located inside the Wartburg-Waverly Health & Wellness Center (The W).

COST: \$75 for each one-day clinic; includes clinic T-shirt and handout. No refunds for no-shows.

REGISTRATION: Scan the code or go to www.wartburgtrackandfieldclinics.com.



CLINIC STAFF

MARCUS NEWSOM: Sprints & hurdles



Director of cross country and track and field, Coach Newsom has led Wartburg track and field to over 600 Division III All-American performances since 1999. Athletes in 53 individual events have earned national championship honors since he took over the program. His honors include:

- Six-time United States Track Coaches Association Division III indoor women's Coach of the Year: 2012, 2010, 2009, 2007, 2005, and 2004.
- Four-time USTFCCCA Division III outdoor Coach of the Year: 2021 men's; 2014, 2012, and 2009 women's
- 17 USTFCCCA Division III Central Region outdoor and indoor Coach of the Year honors in addition to his national awards.

Wartburg has won 68 conference championships under Newsom's direction. Wartburg's men claimed the 2021 NCAA National Championship, while the women have captured the NCAA championship eight times between indoor and outdoor. During Coach Newsom's tenure, the Knights have had 19 podium (top-four team place) finishes at the national championships.

Wartburg Track & Field/Cross Country has earned the USTFCCCA's prestigious Deb Vercauteren Program of the Year award in 2009, 2012, 2013, and 2014. The 2012 women's team swept the indoor and outdoor national championships and set new all-time meet records in team points in both venues.

SETH ROBERSON '02: Throws



Coach Roberson is in his fourth year back at Wartburg coaching the Knights throws crew and serving as recruiting and strength and conditioning coordinator for the track and field team. He has 18 years of college coaching experience and has mentored six national champions and 41 All-American throwers, four of whom qualified for USA

Track & Field National Championships. Roberson was named the 2018 USTFCCCA Regional Assistant Coach of the Year and has earned four Conference Assistant Coach of the Year honors. He is a certified coach for USATF and USA Weightlifting Level I.

NICK KOHL: Jumps



Coach Kohl is in his eighth season at Wartburg and coaches the horizontal and vertical jumpers. At Wartburg he has coached seven All-Americans, 21 conference champions, and 53 All-Conference jumpers. In his 20-year college coaching career, he has coached 40 All-Americans, nine national champions, four Olympic Standard jumpers,

and has been on the coaching staff of five NCAA team championships and three NCAA team runners-up.

GET RECRUITED:



FOLLOW US: [@wtf_knights](https://twitter.com/wtf_knights) [WartburgTF](https://www.instagram.com/WartburgTF)